



Intelligent **Safety** Solutions

When?

All dates are on our training calendar.

Where?

The course is being held at our training centre in Wellington where ample parking is available.

Course fee:

£140.00 plus VAT to include course notes, HSE certification, lunch and refreshments.

How do I book?

Phone:
01823 668 526
Email:
enquiries@mbasafety.co.uk

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Unit 6, The Counting House
Tonedale Business Park
Wellington
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First Aid At Work (Requalification)



Who should attend?

This two day course updates the first aid skills for people who need to renew their statutory First Aid At Work certificate and whose existing certificate is still valid.

First aiders whose certificates have expired for **more than 28 days** must attend the three day first aid at work course. Please note that you need to have completed this course **before the 28 days** after expiry of your certificate are up.

Outline of course

A full Health and Safety Executive (HSE) approved First Aid at Work course, in accordance with the Health and Safety (First Aid) Regulations 1981.

Certification

Successful candidates receive the full HSE -approved First Aid At Work certificate valid for three years after completing a practical skills test.

Aims and Objectives

The course will refresh your knowledge and gives you the confidence to deal with a first aid emergency in the workplace. The topics covers are:

- Accidents and illness
- Using a first aid kit
- Simple record keeping
- Treatment of an unconscious casualty
- Heart attacks
- Resuscitation
- Shock
- Choking
- Bleeding
- Burns and scalds
- Poisoning
- Fractures
- Seizures
- Asthma
- Severe allergic reaction
- Eye injuries
- Low blood sugar
- Fainting.

