



Intelligent **Safety** Solutions

When?

All dates are on our training calendar.

Where?

The course is being held at our training centre in Wellington where ample parking is available.

Course fee:

£95.00 plus VAT to include course notes, HSE certification, lunch and refreshments.

How do I book?

Phone:
01823 668 526
Email:
enquiries@mbasafety.co.uk

MBA Safety & Training Limited
Unit 6, The Counting House
Tonedale Business Park
Wellington
TA21 0AW

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Emergency First Aid At Work



Who should attend?

This one day course is ideal for nominated emergency first aiders, or anyone wanting a comprehensive one day first aid.

Outline of course

The course covers basic life saving skills, first aid and workplace health and safety regulations.

Certification

Successful candidates receive the HSE approved Emergency First Aid At Work certificate valid for three years.

Aims and Objectives

The topics covers are:

- Health and safety (first aid) regulations
- Managing an incident
- The priorities of first aid
- Treatment of an unconscious casualty
- Resuscitation
- Shock
- Choking
- Seizures
- Bleeding
- Common workplace injuries

